

ROUND DANCE INSTRUCTIONS
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"LISBON ANTIQUA"
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POSITION: INTRO: CP M FAC LOD; DANCE: CP M FAC LOD;
FOOTWORK: Opposite throughout
SEQUENCE: INTRO A B C A(Meas 15-29) B ENDING

MEAS.

SIDE,DRAW,.;:

1 In CP M fac LOD WEIGHT ON M's L & W's R on first beat of music step side twd wall on R, draw L to R DO NOT TAKE WEIGHT,.;:

INTRO

PART A

1-4 WALK,.,2,: FWD RUN,2,3,: WALK,.,2,: FWD RUN,2,3,:
1-2 In CP M fac LOD walk fwd LOD L,,R,, Run fwd twd LOD L,R,L,:
3-4 In CP M fac LOD walk fwd LOD R,,L,, Run fwd twd LOD R,L,R blending to BJO M fac diag WALL & LOD,:;

5-8 (TWIST VINE)SIDE,.,BEHIND,., SIDE,.,FRONT,.: RF PIVOT,.,2,: (CP FAC WALL) FWD,.,SIDE,.:
5-6 In BJO M fac diag WALL & LOD begin a twist vine in 4 slow steps side L twd LOD,., XRB (W XLIF),., side L twd LOD,., XRB (W XLIB) to end BJO M fac diag WALL & LOD,.;:

7 Blending to CP M fac WALL & RLOD do 1 RF cpl pivot L,,R to end CP M fac wall,.;
8 In CP M fac wall begin a hover figure fwd L twd wall,., side R diag twd RLOD & wall rising slightly on ball of R foot,.;

9 In CP M fac wall rec twd LOD on L,, blend to SCP step thru twd LOD R (W XIF also),.;

10 Face ptr & wall in CP step side L, cl R to L, side L, tch R to L;

11-12 Begin a BACK HOVER figure in CP M fac wall step back R twd COH,., side L diag LOD & COH,., rec twd RLOD on R,, XLIB of R (W XIF) to BJO M fac diag LOD & WALL,.;

13-14 (CP)SIDE,CL,SIDE,TCH: WALK,.,2(PICKUP),:

13 Blend from BJO to CP M fac WALL step side R twd RLOD, cl L to R, side R twd RLOD, tch L to R,.;:

14 Blend to SCP ptrs fac LOD walk fwd L,,R (W pickup) to CP M fac LOD,.;

15-28 REPEAT ACTION MEAS 1 - 14 ABOVE AND THEN ADD FOLLOWING MEAS 29 WALK,.,2,:
29 In CP M fac LOD walk fwd LOD L,,R,;:

PART B

1-4 APART,POINT,.: MANUV,2,3(W LF SPOT SPIN),.: RF PIVOT,.,2,: FWD TWO STEP;

1 In CP M fac LOD step apt twd RLOD (W twd LOD) L,, point R twd ptr with M's L & W's R hands joined,.;

2 Using M's L hand to lead W into spin manuv fwd R turning RF to fac RLOD, side L twd wall, cl R to L (W step twd RLOD on L turning LF to begin LF solo spot spin with NO hands joined, cont spin R,,L,) to end CP M fac RLOD,.;

3 In CP M fac RLOD do a ½ RF cpl pivot L,,R to end CP M fac LOD,.;

4 In CP M fac LOD do one fwd two step L,R,L,;:

5-8 FWD TWO STEP; (SC)SIDE,CLOSE,CROSS(SCAR),.: FWD,LOCK,FWD,.; FWD,., SIDE,CLOSE(BJO);

5 In CP M fac LOD do one fwd two step R,L,R,;:

6 In CP M fac LOD step side L twd COH, cl R to L, cross LIF of R (W XIB) to end SCAR m fac diag LOD & WALL,.;

7 In SCAR M fac diag LOD & WALL step fwd R, lock LIB of R (W cut RIF of L), fwd R,.;

8 Still in SCAR step fwd diag LOD & WALL L,, side R twd wall, close L to R blending to BJO M fac diag LOD & COH;

9 In BJO M fac diag LOD & COH step fwd R checking fwd motion,., begin fishtail figure cross L behind R (W XIF), step side R twd wall & LOD;

10 Still in BJO step fwd L, lock RIB of L (W cut LIB of R), fwd L,.;

11 Still in BJO manuv fwd R turning ½ RF to fac RLOD,., side L twd wall, close R to L to end CP M fac RLOD;

12 In CP M fac RLOD begin a SPIN TURN figure pivot ½ RF step back L twd LOD,., fwd twd LOD R rising on ball of R foot,.;

13-15 REC,.,BACK,.; (REVERSE BOX)SIDE,CLOSE,BACK,.; SIDE,CLOSE,FWD,.;

13 In CP M fac LOD complete SPIN TURN figure rec back twd RLOD & COH L,, step back twd RLOD R,.;

14-15 In CP M fac LOD do a reverse box side L twd COH, cl R to L, back L twd RLOD,., step side R twd wall, close L to R, fwd R twd LOD,.;:

PART C

1-4 WALK,.,TURN RF,.; SIDE,.,CROSS BEHIND(SCAR),.: SIDE,CLOSE,TURN(W LF TWIRL) (TO LOP),.: LUNGE/TURN IN,,REC(SCP)FAC RLOD,.;:

1 In CP M fac LOD walk fwd twd LOD L,, fwd R turning ¼ RF to CP M fac wall,.;

2 In CP M fac well twist vine side L twd LOD,., XRB of L (W XIF) to SCAR pos M fac diag RLOD & WALL,.;

3 Blend from SCAR M step side twd LOD L, close R to L, fwd twd LOD L turning ¼ LF (W do one LF twirL under M's L & W's R joined hands R,L,R) to end LOP PTRS fac LOD M on outside of circle,.;

4 In LOP pts fac LOD lunge twd LOD fwd R turning ¼ LF (W RF) to fac ptr,., rec fwd twd RLOD on L blending to SCP ptrs fac RLOD,.;

5-8 FWD TWO STEP; PIVOT,.,2,: 3,,4(ICP)FAC WALL,.; (TWISTY VINE 2)SIDE,.,CROSS BEHIND,.;

5 In SCP ptrs fac RLOD do one fwd two step twd RLOD R,L,R,;:

6-7 Blend to CP M fac diag COH & LOD do a ¼ RF cpl pivot L,,R; L,,R to end CP M fac wall,.;

8 In CP M fac well twenty vine side L twd LOD,., XRB of L (W XLIF) to SCAR M fac diag RLOD & WALL,.;

9 In SCAR M fac diag RLOD & WALL do 1 LF turning two step side L twd LOD, close R to L, side L turning ½ to fac COH in CP,.;

10 In CP M fac COH do a twenty vine side R twd LOD, XLIB of R (W XRF) to BJO M fac diag COH & RLOD,.;

11 In BJO M fac diag COH & RLOD do 1 RF turning two step side R twd LOD, close L to R, side R turning ½ to fac wall in CP,.;

12 In CP M fac well step fwd L,, side R twd RLOD, close L to R;

13-14 (SCP)THRU,,(FACE CP)SIDE,CLOSE; (SCP)WALK,.,2(PICKUP),;:

13 Blend momentarily to SCP ptrs fac LOD step thru twd LOD R (W XIF also),., face ptr & wall in CP step side L twd LOD, close R to L;

14 Again blending to SCP ptrs fac LOD walk fwd LOD L,,R (W pickup) to CP M fac LOD,.;

REPEAT PART A MEAS. 15-29

REPEAT PART B - EXCEPT on Meas. 9 FREEZE in BJO/CHECK pos for 3 counts

ENDING

1-2 SIDE,CLOSE,SIDE,CLOSE; APT,POINT,.;:

1-2 Last time thru PART B turn ½ RF to fac wall on last step of Meas. 15 then in CP M fac WALL step side L twd LOD, close R to L, side L, close R to L; step apart from ptr L releasing CP maintaining M's R & W's L handholds, point R twd ptr,.;: